

# COURSE: How to succeed in your PhD

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BIST offices, Recinte Escola Industrial, Building 12A

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Two-day interactive and intensive program for first year doctoral researchers to learn practical ways to increase researcher effectiveness and meet the challenges of PhD studies. The program covers PhD project planning, effective working practices, working with others in the research environment, creativity for collaborative research, negotiation skills, motivation and getting feedback.

**Dates:** Option 1            6th and 7th of February  
          Option 2            27th and 28th of February

**Target Group:** 1st year PhD Student

**Available places:** 6

The course will be offered to 1st or 2nd year PhD students who did not have the opportunity to attend the PhD retreat

**Training content:**

The program covers PhD project planning, effective working practices, working with others in the research environment, creativity for collaborative research, negotiation skills, motivation and getting feedback. Participants are placed in learning groups to work on a range of activities. From this you will gain awareness of your performance as an individual and in a team. You will use and develop skills that are essential for a researcher, such as communication, planning, time management, problem solving, conflict resolution, as well as building a greater self-awareness of your learning and working styles. Furthermore, you will create good atmosphere to promote collaborative research among your peers from different scientific fields.

**Hosted by:** Academic Affairs