# BIST COURSE: Setting the stage for a successful PhD

ANDREU GUAL AND HOLLY BLONDIN

April 08, 2024 to May 14, 2024
09:30 to 18:00
Recinte la Maternitat, room TBC

What can you do to make yourself a more effective doctoral researcher and get the most out of your PhD?
It is a two-day interactive and intensive program for first year doctoral researchers to learn practical ways to increase researcher effectiveness and meet the challenges of PhD studies. The program covers PhD project planning, effective working practices, working with others in the research environment, creativity for collaborative research, negotiation skills, motivation and getting feedback.

**Dates:**?
**Option 1** 8th and 9th of April, 9:30-18:00
**Option 2** 13th and 14th of May, 9:30-18:00

**Target Group**: 1st year PhD Students
**Available places:** 6
The course will be offered to 1st or 2nd year PhD students who did not have the opportunity to attend the PhD retreat

**Training content:**
The program covers PhD project planning, effective working practices, working with others in the research environment, creativity for collaborative research, negotiation skills, motivation and getting feedback. Participants are placed in learning groups to work on a range of activities. From this you will gain awareness of your performance as an individual and in a team. You will use and develop skills that are essential for a researcher, such as communication, planning, time management, problem solving, conflict resolution, as well as building a greater self-awareness of your learning and working styles. Furthermore, you will create good atmosphere to promote collaborative research among your peers from different scientific fields.

**Trainers**:
**Andreu Gual**: Co-Founder of Corkscrew Thinking and Nexgen Careers

**Holly Blondin**: Adjunct Professor at Parsons School of Design

REGISTRATION OPTION 1
REGISTRATION OPTION 2

**Registration deadline: April 1, 2024**
**Hosted by:** Academic Affairs